



## Review on *Uraria Picta* - A Traditionally Medicinal Plant of India: A Herbal Benefaction

Chetan Rastogi<sup>1</sup>, Ila Shukla<sup>1</sup>, Preet Verma<sup>1</sup>, Padam Kant<sup>2</sup>, Ch. V. Rao<sup>1</sup> and Lubna Azmi<sup>1,2</sup>

<sup>1</sup>Pharmacognosy and Ethnopharmacology Division, CSIR-National Botanical Research Institute, Lucknow-226 001, Uttar Pradesh, India.

<sup>2</sup> Department of Chemistry, Lucknow University, Lucknow, India.

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### ABSTRACT

In present times, focus on herbal research has increased worldwide. *Urariapicta* is an important medicinal herb that is extensively used in dasamula and is becoming popular. Flavanoids, alkaloids and pterocarpanes are the key constituents of *Urariapicta* and mainly alleged for its broad beneficial actions. Other than for given treatments, the herb is suggested as remedy for a variety of other ailments. The present review is an effort to provide complete information on Phytochemicals screening, traditional uses and pharmacology relating to preclinical studies.

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### 1. Introduction

*Urariapicta* of Family Leguminosae Sub-Family Fabaceae is a well-liked Ayurvedic healthful plant that additionally glorious by name Prsniparni in Sanskrit. It's one amongst a part of Dasamula that precisely means that ten roots and is a well recognized Ayurvedic drug of Indian system of medicines used for treating general fatigue, antioxidant, analgesic and anti-inflammatory like medical conditions [1]. *Urariapicta* also used in other Ayurvedic formulations like Abana, Amrutharishta, Angamardaprasamanakashayachurna, Dasamulataila, Vyaghrataila, Madhyama Narayana Taila, Dasamularishta and Shirashuladivajra Rasa [2, 3]. Other vernaculars were given to *Urariapicta* such as Citraparni, Prthakparni, and Simhapuchi etc. Ayurvedic texts clearing up its morphological characteristics, attributes and benefits [4].

*Urariapicta* is a local of tropical zone including Nepal, Sri Lanka, Northern Australia, China, and Burma. This suffructiose herb which grows up to 1.5 meters tall is originate in dry grassland, wet places, and open deciduous forests and in all plains of India extending from Himalayas to Ceylon, Malaysia and Philippines [5]. *Urariapicta* consists of different phytoconstituents present in different extracts exhibit a number of biological profiles and guard from most of the chronic diseases [6, 7].

### 2. Botanical Description [8]

It is an vertical, small branched, perpetual herb, 90 – 180 cm tall, stems with short, rough hairs, leaves imparipinnate with 5-9 leaflets (lowermost leaves often 1-3-foliolate); leaflets narrowly lanceolate, 7-25 cm long (lowermost smaller), often variegated, shiny and hairless above, rough hairy below; margins entire, inflorescence a long terminal densely many-flowered spike-like raceme, up to 55 cm long, covered in long whitish hairs,

Flowers pink, bluish or reddish, fruit 5-9 mm long, folded into 3-6 segments, brown to black, turning greyish-white when old.



Fig 1. *Urariapicta* Whole Plant.



Fig 2. *Urariapicta* Whole Plant Powder.



Fig 3. *Urariapicta* Plant Leaves.